Moosalamoo Meander Bicycle Loop
A strenuous 42.3-mile route through, Middlebury, East Middlebury, Forest Dale, Goshen, and Ripton, VT.

Start at the Shaw’s Supermarket.

mile
0.0  ● Shaw’s Supermarket.
0.0  R on Washington St.
1.2  L on Quarry Rd.
3.3  R on Route 116 South.
6.8  L on Route 125 West - E. Middlebury.
7.6  R on Lower Plains Rd.
9.4  L on Beaver Pond Rd.
10.0 R on Upper Plains Rd.
11.9 L on Lake Dunmore Rd. (store).
14.2 Branbury State Park (camping).
19.9 L on Forest Dale Rd. (Brandon Gap).
21.6 L on Town Hill Rd.
22.2 L over bridge, becomes Carlisle Hill Rd.
23.8 Carlisle Hill becomes Goshen-Ripton Rd.
30.7 L on Route 125.
31.7 Town of Ripton (store).
34.4 E. Middlebury Gorge and swimming hole.
35.4 R on Route 116 north (store).
38.9 L on Quarry Rd.
41.0 Bear L on Seminary St. Extension.
42.1 Bear L on Washington St. (at stop sign).
42.3 Shaw’s Supermarket.

When cycling, please follow these guidelines:

1. WEAR A HELMET and cycling gloves.
2. Ride with the flow of traffic.
3. When using travel lanes, follow motor vehicle laws. Obey all traffic signs and signals. Do not cut corners.
4. Use clear hand signals when making turns or stopping.
5. Ride in a straight line at least 3 feet from parked cars or curbs.
6. If you must ride at night, use lights and reflectors.
7. Ride defensively! Be aware of motorists’ actions.
8. Be aware of train tracks and other road conditions.
10. Carry items in panniers or a handle-bar pack.

Disclaimer: Users assume all risks, inherent and not inherent, in the use of materials recommending routes of the Lake Champlain Bikeways network and all affiliated organizations, and individuals disclaim any and all liability on their part for damages or injuries to persons or property should they occur. Routes are chosen, designated and/or signed because: they are popular, or are preferred, or provide continuous routes to destinations, or are lightly traveled, or are scenic, or have more room for cars and bikes, or possess a combination of these attributes.
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Route Description

This bike loop offers more than just a great biking experience, it also offers some great opportunities to get off the bike (at a couple of secure locations) and explore the Moosalamoo Region, a 22,000 acre section of the Green Mountain National Forest. Hike to rugged cliffs and scenic vistas, quiet mountain lakes, streams, and water falls. Discover the diversity of plants and animals that make up the rich Moosalamoo ecosystem. There’s something for everyone with outstanding inns for dining and lodging, campgrounds, berry picking, bird watching, fishing, swimming, boating, and hiking on over 50 miles of trails.

Safety Guidelines

Motorists and bicyclists share scenic roads. Use caution on narrow, winding or unpaved roadway. Follow traffic laws and ride safely. Bicycles are vehicles by law and have the right to use public roads. You are responsible for operating your bicycle under all conditions.

Acknowledgements

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Lake Champlain Bikeways Mission

To promote bicycling throughout the Lake Champlain regions of New York, Vermont and Québec for the purposes of increasing opportunities for bicycle recreation and transportation, improving the quality of life, enhancing the economic vitality, advocating for sustainable communities, encouraging healthy lifestyles and raising public awareness and appreciation of inherent scenic, historic, cultural, natural, and recreational resources throughout the area.

Lake Champlain Bikeways

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