Cycle the City Bicycle Loop
A moderate 10.6-mile route through Burlington, VT.

When cycling, please follow these guidelines:

1. WEAR A HELMET and cycling gloves.
2. Ride with the flow of traffic.
3. When using travel lanes, follow motor vehicle laws. Obey all traffic signs and signals. Do not cut corners.
4. Use clear hand signals when making turns or stopping.
5. Ride in a straight line at least 3 feet from parked cars or curbs.
6. If you must ride at night, use lights and reflectors.
7. Ride defensively! Be aware of motorists’ actions.
8. Be aware of train tracks and other road conditions.
10. Carry items in panniers or a handle-bar pack.

Disclaimer: Users assume all risks, inherent and not inherent, in the use of materials recommending routes of the Lake Champlain Bikeways network and all affiliated organizations, and individuals disclaim any and all liability on their part for damages or injuries to persons or property should they occur. Routes are chosen, designated and/or signed because: they are popular, or are preferred, or provide continuous routes to destinations, or are lightly traveled, or are scenic, or have more room for cars and bikes, or possess a combination of these attributes.
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Route Description

The Cycle the City loop starts near the ferry dock on the waterfront in downtown Burlington and a stop at Local Motion is a great way to get additional maps or answers to any questions before the trip. The route quickly leaves the commercial area as it heads north ascending a small hill in Ethan Allen Park where the opportunity exists for a great view from the site of the tower on the left side of the trail.

Next is down through the woods, you will think that you left the City, and onto the Intervale, a flood plain of the Winooski River. **Both paved and unpaved options exist at this point** prior to climbing to the University of Vermont campus and the historic hill section of the City. Linger along the way to appreciate the variety and history that Burlington has to offer prior to the rapid descent back to the Lake.

Safety Guidelines

Motorists and bicyclists share scenic roads. Use caution on narrow, winding or unpaved roadway. Follow traffic laws and ride safely. Bicycles are vehicles by law and have the right to use public roads. You are responsible for operating your bicycle under all conditions.

Acknowledgements

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Lake Champlain Bikeways Mission

To promote bicycling throughout the Lake Champlain regions of New York, Vermont and Québec for the purposes of increasing opportunities for bicycle recreation and transportation, improving the quality of life, enhancing the economic vitality, advocating for sustainable communities, encouraging healthy lifestyles and raising public awareness and appreciation of inherent scenic, historic, cultural, natural, and recreational resources throughout the area.

Lake Champlain Bikeways

Contact Lake Champlain Bikeways at:

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