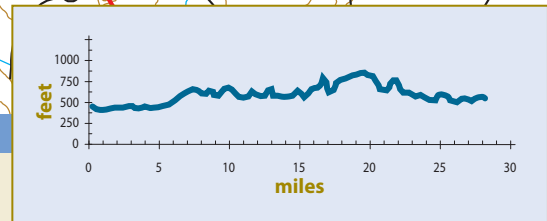
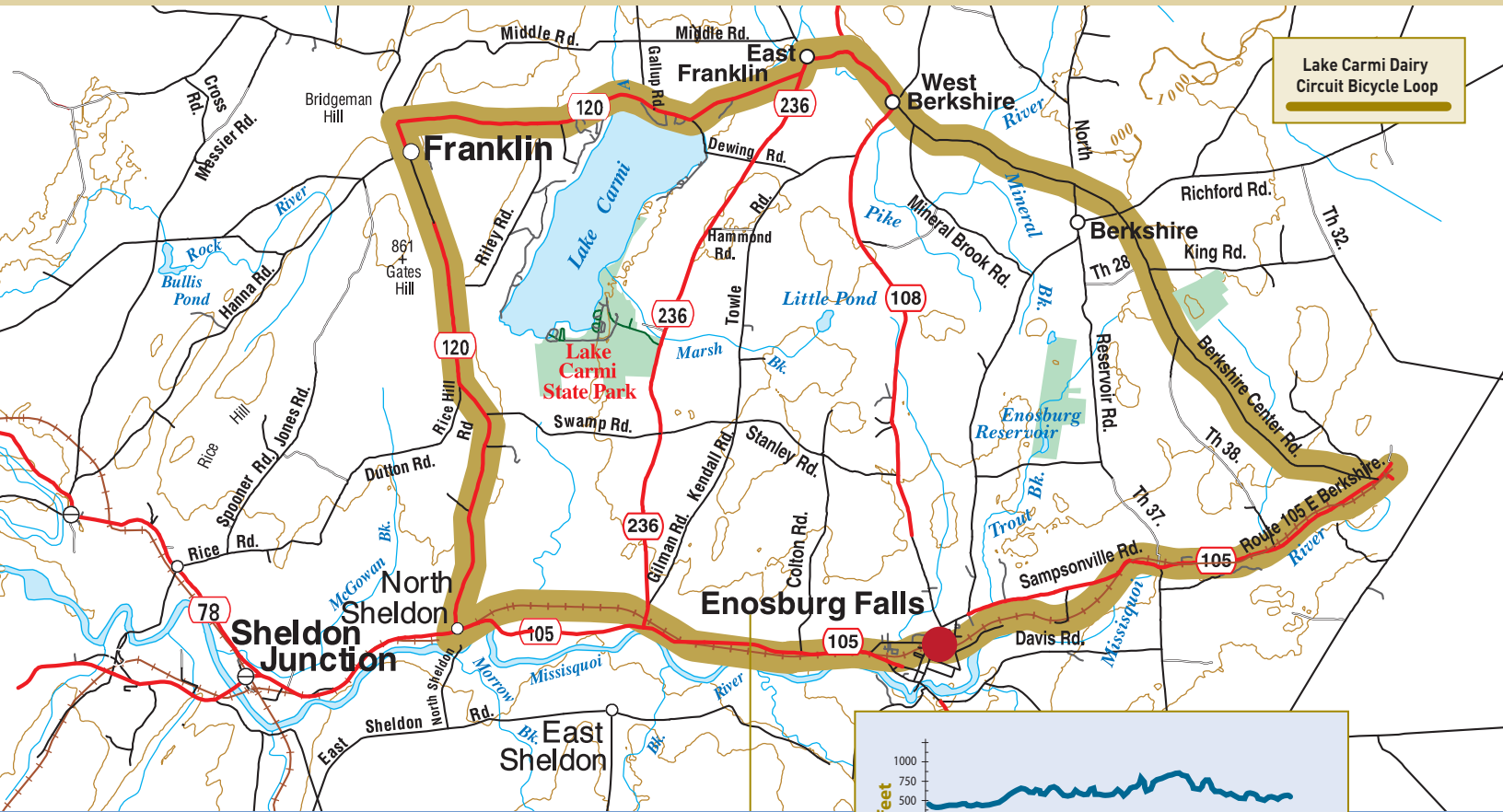


# Lake Carmi Dairy Circuit Bicycle Loop

A moderate 28.6-mile bicycle route through Enosburg Falls, Sheldon, and Franklin, VT.



## Start at Lincoln Park in Enosburg Falls

### mile

- 0.0** ● Lincoln Park in Enosburg Falls.
- 0.0** West on Route 105 or the Missisquoi Valley Rail Trail.
- 5.1** R on Route 120 at North Sheldon to Franklin (store).
- 10.7** R following Route 120 past East Franklin (store).
- 13.1** Lake Carmi.
- 15.7** R on Route 108 to West Berkshire.
- 16.5** Straight on Route 118 (Berkshire Center Road) past the school to East Berkshire.
- 23.2** R on Route 105 or the Missisquoi Valley Rail Trail (store).
- 28.6** Enosburg Falls (services).

## When cycling, please follow these guidelines:

1. WEAR A HELMET and cycling gloves.
2. Ride with the flow of traffic.
3. When using travel lanes, follow motor vehicle laws. Obey all traffic signs and signals. Do not cut corners.
4. Use clear hand signals when making turns or stopping.
5. Ride in a straight line at least 3 feet from parked cars or curbs.
6. If you must ride at night, use lights and reflectors.
7. Ride defensively! Be aware of motorists' actions.
8. Be aware of train tracks and other road conditions.
9. Ride single file.
10. Carry items in panniers or a handle-bar pack.

**Disclaimer:** Users assume all risks, inherent and not inherent, in the use of materials recommending routes of the Lake Champlain Bikeways network and all affiliated organizations, and individuals disclaim any and all liability on their part for damages or injuries to persons or property should they occur. Routes are chosen, designated and/or signed because: they are popular, or are preferred, or provide continuous routes to destinations, or are lightly traveled, or are scenic, or have more room for cars and bikes, or possess a combination of these attributes.



**Champlain Valley  
National Heritage Partnership**



# Lake Carmi Dairy Circuit Bicycle Loop

## Route Description

The “Dairy Center of the World”, Enosburg Falls hosts the annual “June Dairy Days” festival during the first weekend in June to celebrate its dairy heritage. Dairy farms, both modern and historic, fill the landscape. A cream cheese factory and other local businesses support the dairy industry. Cyclists can follow the path of the former “Milk Train” along the Missisquoi Valley Rail Trail for a portion of the ride.

This ride offers many options without causing concern for getting lost. The loop can be shortened by taking either Route 108 or Route 236 or lengthened by going back and forth. Lake Carmi State Park makes a wonderful place to stop for a swim or picnic on a warm day and all of the roads in the area have less traffic than Route 105. The entrance to the park does require a significant climb from either Route 105 or Route 120.

## Safety Guidelines

Motorists and bicyclists share scenic roads. Use caution on narrow, winding or unpaved roadway. Follow traffic laws and ride safely. Bicycles are vehicles by law and have the right to use public roads. You are responsible for operating your bicycle under all conditions.



*Colleen Pratt, Northern Forest Canoe Trail & National Park Service Arts & Community Landscapes Program, Northern Forest Artist Residency*

## Acknowledgements

This bicycle route was developed through a partnership between Lake Champlain Bikeways and the Champlain Valley National Heritage Partnership. Funding provided by the National Park Service.



## Lake Champlain Bikeways Mission

To promote bicycling throughout the Lake Champlain regions of New York, Vermont and Québec for the purposes of increasing opportunities for bicycle recreation and transportation, improving the quality of life, enhancing the economic vitality, advocating for sustainable communities, encouraging healthy lifestyles and raising public awareness and appreciation of inherent scenic, historic, cultural, natural, and recreational resources throughout the area.

## Lake Champlain Bikeways

Contact Lake Champlain Bikeways at:

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