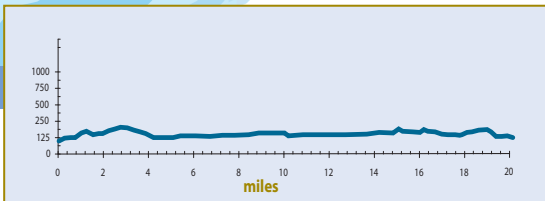


An easy 20.4-mile route through St. Albans and Swanton, VT.



1. WEAR A HELMET and cycling gloves.
2. Ride with the flow of traffic.
3. When using travel lanes, follow motor vehicle laws.
Obey all traffic signs and signals. Do not cut corners.
4. Use clear hand signals when making turns or stopping.
5. Ride in a straight line at least 3 feet from parked cars or curbs.
6. If you must ride at night, use lights and reflectors.
7. Ride defensively! Be aware of motorists' actions.
8. Be aware of train tracks and other road conditions.
9. Ride single file.
10. Carry items in panniers or a handle-bar pack.



Lake Champlain
Basin Program



Ship to Shore Bicycle Loop

Route Description

This short version of the Champlain Coast Caper reminds us that before good roads were built, travelers and settlers found it easier to travel by lake than over land. "Ship to Shore" swings along Lake Champlain, a historic transportation corridor that linked to land through steamship docks, railroad stations and Native American canoe routes. Today's Lake has traded its massive steamship docks and resort hotels for wheeled wooden boat docks and vacation cottages, but the lake-side scenery remains outstanding.

There are several possible north-south routes on country roads in the area. All are nice and well worth exploring. The winds are generally from the north or south so if they are strong at least one way will really be nice. It should be noted that the only places for food and services along the route are Swanton and St. Albans Bay.

Safety Guidelines

Motorists and bicyclists share scenic roads. Use caution on narrow, winding or unpaved roadway. Follow traffic laws and ride safely. Bicycles are vehicles by law and have the right to use public roads. You are responsible for operating your bicycle under all conditions.



Ferry to Burton Island/Vermont Dept. of Forests, Parks and Recreation

Acknowledgements

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Lake Champlain Bikeways Mission

To promote bicycling throughout the Lake Champlain regions of New York, Vermont and Québec for the purposes of increasing opportunities for bicycle recreation and transportation, improving the quality of life, enhancing the economic vitality, advocating for sustainable communities, encouraging healthy lifestyles and raising public awareness and appreciation of inherent scenic, historic, cultural, natural, and recreational resources throughout the area.

Lake Champlain Bikeways

Contact Lake Champlain Bikeways at:

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One Steele Street #103
Burlington, VT 05401
802.652.BIKE (2453)
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www.champlainbikeways.org



**Champlain Valley
National Heritage Partnership**

