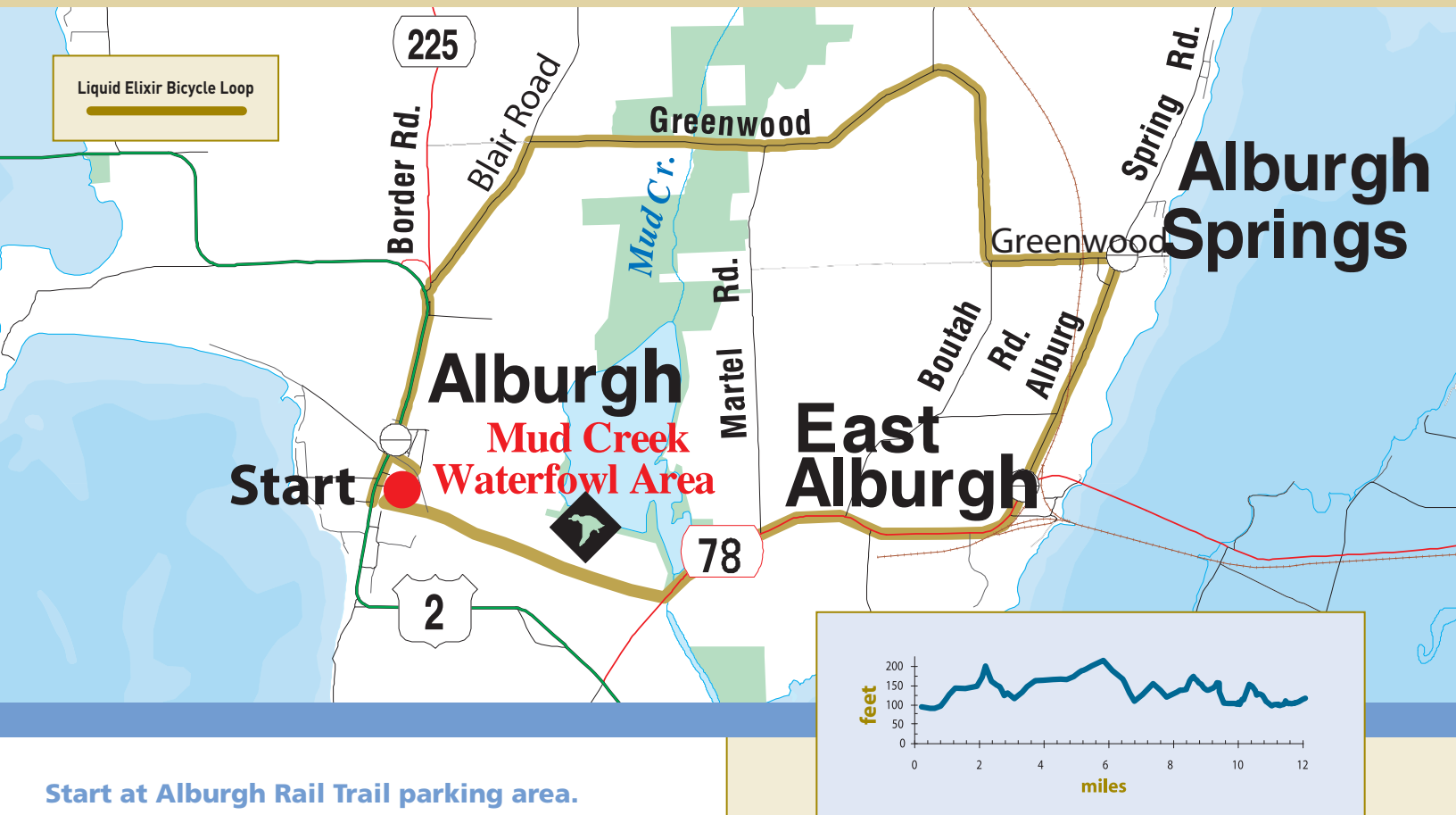


Liquid Elixir Bicycle Loop

An easy 11.7-mile route through Alburgh, VT.



Start at Alburgh Rail Trail parking area.

mile

- 0.0** ● Alburgh Rail Trail parking area - Industrial Park turnout.
- 0.3** R on US Route 2.
- 1.2** Welcome Center on right.
- 1.4** R on Blair Rd.
- 2.3** R on Greenwood Rd.
- 3.6** Intersection with Martel Rd.
- 4.6** Bear right at intersection with cemetery.
- 4.8** Bear right on Greenwood Rd.
- 5.7** Bear left on Greenwood Rd.
- 6.4** R on Alburgh Spring Rd.
- 7.7** R on US Route 78.
- 9.5** R on unpaved bike trail.
- 11.0** Alburgh Rail Trail parking area.

Note - The unpaved bike trail can be avoided by staying on Route 78 and turning right on Route 2. This adds 1.4 miles.

When cycling, please follow these guidelines:

1. WEAR A HELMET and cycling gloves.
2. Ride with the flow of traffic.
3. When using travel lanes, follow motor vehicle laws. Obey all traffic signs and signals. Do not cut corners.
4. Use clear hand signals when making turns or stopping.
5. Ride in a straight line at least 3 feet from parked cars or curbs.
6. If you must ride at night, use lights and reflectors.
7. Ride defensively! Be aware of motorists' actions.
8. Be aware of train tracks and other road conditions.
9. Ride single file.
10. Carry items in panniers or a handle-bar pack.

Disclaimer: Users assume all risks, inherent and not inherent, in the use of materials recommending routes of the Lake Champlain Bikeways network and all affiliated organizations, and individuals disclaim any and all liability on their part for damages or injuries to persons or property should they occur. Routes are chosen, designated and/or signed because: they are popular, or are preferred, or provide continuous routes to destinations, or are lightly traveled, or are scenic, or have more room for cars and bikes, or possess a combination of these attributes.



Champlain Valley
National Heritage Partnership



Liquid Elixir Bicycle Loop

Route Description

Water seeps through the Alburg Peninsula. The wave has a timeless flow and is a liquid elixir for Alburg's human inhabitants. Liquid Elixir is for hearty cyclists who don't mind an occasional mud patch, bumpy roads, and/or soggy trails. Look for water's impact on the Alburg landscape. Roads and homes built higher than surrounding land keep roads stable and houses dry.

Launch your trip from the west end of the Alburg Rail Trail off the Industrial Park area. A low mound of earth 50 feet to the south of the trail is a former railroad line plagued by flooding from Lake Champlain's annual high water levels. The Mud Creek Wildlife Area bisects the Alburg Peninsula and hosts a tremendous variety of life.

Safety Guidelines

Motorists and bicyclists share scenic roads. Use caution on narrow, winding or unpaved roadway. Follow traffic laws and ride safely. Bicycles are vehicles by law and have the right to use public roads. You are responsible for operating your bicycle under all conditions.



Great Blue Heron/USFWS, Lee Karney

Acknowledgements

This bicycle route was developed through a partnership between Lake Champlain Bikeways and the Champlain Valley National Heritage Partnership. Funding provided by the National Park Service.



Lake Champlain Bikeways Mission

To promote bicycling throughout the Lake Champlain regions of New York, Vermont and Québec for the purposes of increasing opportunities for bicycle recreation and transportation, improving the quality of life, enhancing the economic vitality, advocating for sustainable communities, encouraging healthy lifestyles and raising public awareness and appreciation of inherent scenic, historic, cultural, natural, and recreational resources throughout the area.

Lake Champlain Bikeways

Contact Lake Champlain Bikeways at:

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